



Affirmations

FOR WRITERS

- I am a writer.
- I am on an equal playing field with all other creators.
- I am grateful for this day.
- I am allowed to live a happy, fulfilling life.
- I have permission to dream new dreams.
- I relish the pleasure of taking action now.
- Doing my best means taking regular breaks and regenerating my energy.
- I am allowed to say "no" to demands on my time that do not serve me or my writing.
- My successes and failures do not define me, but help me grow.
- I have enough time to do everything I want to do in this life.
- There is no upper limit to my success.